

Course Instructors

Kitty (Caryl) Martinho, PT

Kitty has worked as a physiotherapist in the oncology and palliative care fields for the last 15 years. Presently she works at the Ottawa Regional Cancer Centre and is the physiotherapist responsible for designing and implementing the gym program with the Palliative Rehabilitation Program at Bruyere Continuing Care. She has clinical experience in inpatient oncology, acute and chronic palliative care, outpatient physiotherapy in a cancer centre, palliative rehabilitation and palliative home care. She has taught Palliative Care principles to the final year physiotherapy students at Ottawa University since 2006. She has presented at IPOS (International Psycho-social Oncology Symposium), IFS (International Fatigue Symposium), and the Ottawa Hospice Palliative Care Network Education day. She is a certified lymphedema therapist and Cancer Exercise specialist and an avid promoter of the contribution that physiotherapists can make in the delivery of care in the cancer population.

Mary-Ann Dalzell, MSc, Pht

Ms. Mary-Ann Dalzell is clinical director of the Rehabilitation & Exercise Oncology Program (REOP) at the Segal Cancer Center in Montreal. As clinician and research associate for the Young Adult Program, she has been profiling functional disabilities and studying exercise interventions in young adults with cancer. She has been teaching Cancer Rehabilitation (2003-2011) at the School of Physical and Occupational Therapy, McGill and was co-founder and Associate Director of the McGill Cancer Nutrition-Rehabilitation Program from 2002 to 2006. She is principle investigator in a study of residual functional problems related to radiotherapy in young breast cancer survivors. This study has been supported by grants from the Physiotherapy and Cure Foundations. She has been co-investigator in Grants received from the Canadian Institute of Health Research (CIHR) on: (1) prognostic factors related to muscle wasting in advanced lung and gastrointestinal cancers (2) autonomic insufficiency in patients with advanced cancers and (3) exercise interventions in patients with lymphedema. She has been member of the Board of Directors of the Canadian Physiotherapy Association, the Physiotherapy Foundation of Canada and the Sports Medicine and Science Council of Canada.

Location

Sunnybrook Health Science Center
2075 Bayview Avenue, Toronto, ON M4N 3M5

Dates

March 30-31, April 1st, 2012

Times:

Registration at 8am
Friday/Saturday 8:30-4:30
Sunday 8:30-3:30

Fees

Oncology Division member \$475
CPA members \$525
Non Members \$600

Receipts and course certificates will be distributed at the completion of the seminar. Includes course materials and refreshments at breaks.

Registration Deadline February 15th, 2012

Late registration fee: 20\$

Cancellation Policy

Withdrawal by Registrant: All course withdrawal requests must be received in writing. Withdrawal requests received more than 21 days prior to the course date will be refunded in full, less a \$20.00 administration fee. Withdrawal requests received between 21 days and 15 days before the course date will be refunded 50%. No refunds will be given for withdrawal requests received within 15 days of the course date.

Cancellation of Course: In the event that Oncology Division chooses to cancel a course, all registration fees paid will be refunded in full. Course fees will not be refunded for travel delays caused by weather or other acts of god which prevent any registrant from attending.



and Sunnybrook Health Science Centre

Presents:

Cancer Rehabilitation: Overview of Functional Problems in Patients with Cancer and Implications for Rehabilitation Interventions

Toronto, Ontario
March 30-April 1, 2012

Registration Form

Day 1

Morning

- Introduction & overview of cancer pathology: Staging, growth, metastasis, and treatment protocols
- Cancer pain
- Hematological issues
- Effects of Corticosteroids

Coffee Break

- Neurological problems related to chemotherapy and radiotherapy (peripheral, cardiac, central)
- Metabolic issues : cachexia anorexia-evidence on management(CNR)
- Cancer fatigue

Lunch Break

Afternoon

- Radiation fibrosis
 - Articular problems related to chemotherapy, radiotherapy and surgery
 - Management of bone metastasis
- Coffee break
- Lymphedema

Question period

Day 2

Morning

- Framework for assessment & decision –making
- Exercise interventions at all stages of disease

Coffee break

- Biophysical modalities in patients with cancer: Guidelines for use based upon the stage of disease and physiological mechanisms underlying their effectiveness
- Psychosocial issues
- Management of patients in the home setting

Lunch Break

Afternoon

- 3 Case studies
 - Bone disease multiple myeloma
 - Fatigue
 - Palliative pain

Day 3

Specific problems and physiotherapy interventions related to:

Morning

- Breast cancer: Post-operative management (partial and total mastectomies with axillary node dissections), post-reconstruction rehab protocols (tram-flap procedures, prosthetic replacements)
- Rehabilitation of lung cancer patients
- Head and neck cancers: Rehabilitation following surgery and reconstruction

Coffee break

- Young adult cancers(ages 18 to 40): unique issues associated with treatment
- Gynecological cancers & Gastrointestinal cancers
- Hematological cancers: Rehabilitation interventions including post bone marrow and stem cell transplantation

Lunch break

Afternoon

Case Studies: "Putting it all together"

Name:

Address:

Phone Number:

Email:

CPA#:

Make cheques payable to:

Oncology Division

Please mail to:

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For further questions please contact:

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